

Clutha Health Incorporated and Clutha Health First

Health News

Clutha Health Incorporated Scholarship

Clutha Health Incorporated (CHI) has made available two scholarship funds of up to \$5,000 each to support education for current or prospective health personnel intending to commence studies in 2010.

The purpose of the study/training scholarships are:

- To enhance recruitment and retention of skilled health personnel in the Clutha District
- To support local health providers in the ongoing development of health personnel to improve the service delivery of health services, and
- To improve health gains for the Clutha District in line with the priorities as set out in the Clutha Health First Strategic Plan.

For further information or for a copy of the application forms please contact Clutha Health First on 419 0500.

The closing date for applications is the 30th September 2009.

Total Midwifery Care Services

Clutha Health First offers total Midwifery care services from conception through to 6 weeks following the arrival of your baby.

Our Midwives provide professional and individualised care for women choosing to labour at Clutha Health First, Queen Mary in Dunedin or at home.

Feel free to contact a Clutha Health First Midwife for:

- Free pregnancy testing
- Antenatal cares
- Labour and birth
- Postnatal cares

Contact Information

Holly McMillan 027 201 8137 086 500 027
Christy Soper 027 201 8131 086 500 029



Holly



Christy

Staff Profile



Lorna Scoon

I have been working on the Inpatient Ward since early June and am really enjoying it. I particularly enjoy the variety of patients we deal with, the opportunities for professional development and education and being a part of the great multi-disciplinary team at Clutha Health First. My family and I live in Milton on a small lifestyle block and prior to this we lived in Dunedin and Auckland. Recently I worked in Aged Care in Mosgiel and have also worked in a variety of acute areas including surgical, paediatrics and plastics in Auckland.

Speech Language Therapy Clinics

From the end of August, Meryl Jones will be coming to Clutha Health First on a monthly basis to provide publicly funded Speech Language Therapy clinics. For further information or for an appointment please contact the Outpatient Department on (03) 419 0570.

H1N1 Swine Flu Update

National Toll Free health line Telephone number 0800 611 116 for advice.

Most people with H1N1 will be able to be cared for at home. Think about your preparations for staying at home for up to a week while you are sick. **Useful information** including the contents for a basic emergency kit can be found inside the back cover of the Yellow Pages in the phone book, or on the Civil Defence Website www.getthru.govt.nz

2009 Patient Survey Results

Clutha Health First believe its staff are its greatest asset and the feedback we recently received from the Clutha community would suggest you agree!

- I was very impressed with the way you treated me. It was a pleasure to get service by everyone and the meals were perfect. Also, thank you very much to everyone.
- I've received excellent care! The Staff also left a huge impression on my parents visiting from South Africa. Thank you.
- I was impressed by Occupational Therapy for all the various help with all the articles to help my recovery and organising a hand rail down front steps.

Thank you to all those patients who returned their patient survey templates. All feedback is gratefully received and we appreciate the time and effort you put into providing us with information which will help us improve the quality of services we provide. Anyone wishing to view a copy of the results is able to do so by contacting the hospital on 419 0500.

Upcoming Community Wellness Sessions

Sports Clutha - Sunday Winter Walk

Options for everyone from 30 minutes to several hours.

When: 30th August 2009
Time: 1pm
Where: Balclutha Information Centre

Personal Home Alarms

If you are looking for a way to maintain your independence with the peace of mind that help is at your fingertips, then maybe a personal home alarm is right for you.

When: 20th August 2009
Time: 10.30am
Where: Brian Dodds Room, Clutha Health First

Register with Balclutha Information Centre on 418 0388

How Fit is Your Organisation?

Do your meetings drag on? Do you struggle to find new members? Are you always short of volunteers?

Evaluate your organisation and learn ways that could help your group run more effectively.

When: 20th August 2009
Time: 7.30pm
Where: Forest Lodge, Tapanui
Register with CDC Service Centre on (03) 485 9909

When: 27th August 2009
Time: 7.30pm
Where: Golf Club, Lawrence
Register with CDC Service Centre on (03) 485 9909



Clutha Health First

3-7 Charlotte Street
P O Box 46, Balclutha

Phone: (03) 419 0500 Fax: (03) 419 0501
Web: www.cluthahealth.co.nz
Email: ray.anton@chf.co.nz

CHI Chairperson: Murray McLean
CHF Chairperson: Brian Dodds
CHF Manager: Ray Anton

For further information or to register for any of the wellness sessions, please call the Clutha Information Centre on 418 0388.