



Patient Centred Specialist Services at Clutha Health First

Breast Care Clinic

We offer weekly Breast Care Clinics where a specially trained GP works closely with Mr Graeme Millar, General Surgeon (SDHB), to assist patients with the detection and treatment of breast abnormalities.

Clinic Frequency: Fortnightly
Lead Clinician: Dr Nico van Egmond

E-Medical Immigration Medical*

We offer a streamlined process for the complete electronic undertaking of immigration medicals with onsite laboratory testing and radiology, reducing waiting time for our patients.

Clinic Frequency: Weekly
Lead Clinician: Dr Nico van Egmond

Fracture Clinic*

We offer regular clinics to patients specifically for the management of fractures, joint displacements and fracture reductions. Our specialist GP works closely with the Fracture Clinic at SDHB.

Clinic Frequency: Weekly
Lead Clinician: Dr David Mason

Women's Health / Gynaecology Clinic*

We offer patients access to a specialty trained Gynaecology Nurse Specialist. At this clinic specialty services such as contraception advice, Jadelle Rod, Mirena/IUCD and Ring Pessaries insertions and removals; endometrial pipelle sampling as well as specifically requested women's treatments.

Clinic Frequency: Weekly
Lead Clinician: Mrs Andrea Sim (RN)

Community Rehabilitation Workbook

Our Speech Language Therapist works with patients rehabilitating in their own home with electronic devices, iPads and tools designed to assist patients with their communication difficulties which enables patients greater rehabilitation outcomes due to the constant availability of rehabilitation tools.

Clinic Frequency: Fortnightly
Lead Clinician: Ms Meryl Jones

Wheelchair and Seating

Our Occupational Therapists are credentialed via the Ministry of Health to provide assessments for wheeled mobility and postural management. For complex needs the outcome includes specialised wheelchair and seating, lying supports, custom seating and involvement in outreach clinic.

Clinic Frequency: As Required
Lead Clinician: Occupational Therapy

Travel Vaccine Consultancy Service*

Our Nursing staff can offer advice to patients considering travelling overseas to discuss requirements for vaccinations and travel medications that they may need to ensure adequate protection against disease, virus and sickness while offshore.

Clinic Frequency: As Required
Lead Clinician: Ms Jeannette Blair

Rehabilitation Key Worker (Ward Based)

Co-ordinating a team of health professionals, our rehab key worker facilitates patient rehabilitation to improve patient function following accident or injury, enabling patients to reach their optimal independence upon discharge.

Clinic Frequency: As Required
Lead Clinician: Maria Hamelink

Respiratory/Spirometry Clinic*

We offer patients access to a specially trained Nurse in respiratory conditions requiring lung function testing or monitoring (spirometry).

Clinic Frequency: As Required
Lead Clinician: Ms Jeannette Blair

Diabetes Insulin Initiation Clinic

Where a patient has been diagnosed with Diabetes and requiring on going management, education and initiation of insulin, we offer frequent access to specially trained Nursing staff to support patients with their condition.

Clinic Frequency: As Required
Lead Clinician: Mrs Shelley Milne

Functional Independence Measure (FIM) Certification

We have a wide variety of medical and allied health team members certified in functional independence measures and compliance with Australasian Rehabilitation Outcomes Centre which assists patients to a timely rehabilitation process and national benchmarking standards.

Clinic Frequency: As Required
Lead Clinician: Rehabilitation Team

Zolendronate Clinic

We offer patients' access to specially trained District Nurses who undertake fortnightly clinics on behalf of GP's for the intravenous administration of Zolendronate, for the treatment of Osteoarthritic conditions.

Clinic Frequency: Fortnightly
Lead Clinician: District Nursing

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* Contact our Practice for any charges that may apply

